

# **Optimal Nutritional Care for All**



"European campaign, Slovenian leadership"

Prof. Olle Ljungqvist /
Frank de Man
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# **Optimal Nutritional Care for All**

### **Objective**

• Implement 'Optimal Nutritional Care for All' across Europe

### **Role ENHA**

- Provides the structure and the coordination
- Inspires and facilitates national multi-stakeholder alliances





# Optimal Nutritional Care for All 2015

### Implementation tailored per country

- 12 countries: patient groups, professional societies, governments, industry
- National nutritional care plans & implementation activities
- Measure progress and impact per year

### & stakeholders

- European patient groups EPF & EGAN
- EU (Active & Healthy Ageing), WHO EURO (Food and Nutrition Plan)







## Optimal Nutritional Carefor All

Implementation Conference 2014

#### THE CHARTER

### $\label{eq:continuous} \textbf{Our vision} \text{ a world with optimal nutritional care for all }$

Every patient who is malnourished or at risk of undernutrition is systematically screened and has access to appropriate, equitable, high quality nutritional care.

#### The malnutrition challenge

#### a public health burden

- Disease-related malnutrition (undernutrition) is prevalent amongst patients in all healthcare settings around the world, including hospitals, care homes and in home care.
- 33 million citizens are at risk of malnutrition in Europe - this has an estimated financial impact on European healthcare systems of €170 billion each year.
- Public spending on healthcare is tight resources under pressure mean that nutritional care is often neglected.
- Lack of awareness about the importance of nutritional care means that malnutrition risk screening and follow-up care are not undertaken systematically.

#### Our ambition

#### making nutritional care an integral part of healthcare

- Improving nutritional care is everyone's responsibility. All partners need to play an active role: patients, carers, healthcare professionals, healthcare managers, government agencies, policy makers, payers, educators and industry.
- Improving nutritional care requires a multi-disciplinary approach. Collaboration across disciplines and sectors is absolutely crucial to ensure the best patient care.
- Nutritional care best practice to be widely adopted throughout Europe. The first step is the identification of those at nutritional risk (screening). If we achieve this primary objective, healthcare systems can deliver appropriate nutritional intervention and monitoring, making nutritional care an integral part of patient care. Better public awareness will also help in prevention and management of nutritional issues. Patients and the public should be empowered through high quality, user-friendly information.

#### Our commitment to advance nutritional care

The Optimal Nutritional Care for All campaign builds on and accelerates best practices in a number of European countries. Following up the support by the European Parliament in 2010 and the adoption of malnutrition/undernutrition in EU and WHO EURO programmes since 2012, the campaign now focuses

care for patients country by country. By committing to this shared vision, we pledge to collaborate for better patient nutrition in the near future. Let's be the generation who turns this vision into reality!

# on supporting implementation of better nutritional

## 2014 Charter adopted in Brussels



#### Who are the signatories to the Charter?

Signatories to the Charter include all stakeholders contributing to this movement; from ENHA members to national medical societies for clinical nutrition and metabolism, patient groups, healthcare professionals, dietitians, policy makers, hospital managers, carers, industry and all experts and citizens with a passion to optimize nutritional care.



# Key steps in the ONCA campaign 2016

#### 2015

Belgium, Croatia, Czech Republic, Denmark, Germany, Netherlands, Spain, Turkey, France, Israel, Poland, Slovenia, United Kindom

Strengthening national stakeholders' alliances

Workshop May 20, Warsaw, 2016 Implementation conference
November 21 & 22, Spain, 2016

2016 Ireland, Sweden





# Optimal Nutritional Care for All Work conference April 2015, Dubrovnik





# 2<sup>nd</sup> Optimal Nutritional Care for All Conference 2015 November 3 & 4, Berlin







# 2<sup>nd</sup> Optimal Nutritional Care for All Conference 2015 November 3 & 4, Berlin

### Our vision: 'a world with optimal nutritional care for all'

- 100 delegates, 13 countries
- National Alliances & National Nutritional Care plans
- Performance and progress measured and presented per country
- Collaborations with patient groups
- Selected governments involved, connected to EU & WHO programmes
- Public-private collaboration with industry





## Optimal nutritional care for all – SCORE CARD

### **TURKEY**

### Prevalence DRM

Malnutrition risk for Inpatients > 65 yrs

Malnutrition risk: 33.5% Malnutrition:13.5%

Malnutrition for Pediatric population:

2-6 years children: malnutrition risk: 31.8%

Age <5 years: malnutrition: 24 %

### Public health

Public awareness

Screening





### Policy and standards

Hospital Care home Community

Screening policy

Standards/ quality indicators

Audit

### Guidelines

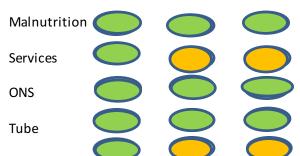
Hospital Care home Community





### Reimbursement

Hospital Care home Community



### Education

**Undergrad Postgrad Dietitians** 

Medics

PN

Nurses

**Pharmacists** 

nutrition

### **Implementation**

Hospital Care home Community Trained

Staff Screening

Care plan Medical

### **Nutrition Day**

Oncology Care home Hospital ICU



### Economic data

Hospital Care home Community

Cost DRM Value of intervention









### Stakeholder groups

Presence Engagement

Multi-stakeholder PFN

Ger Medicine **Paediatricians** 

**Patients** Dietitians

Nurses **Pharmacists** 

General practice

Hospital

Health insurance

Industry **Politicians** 

Media

# Optimal Nutritional Care for All Leadership role Slovenia

- Slovenian Ministry of Health active partner
- All levels of care involved and showing progress
- Unique nutritional screening and evaluation in primary care Ljubljana
- Connection with healthy living and sports
- Patient groups involved





# Optimal Nutritional Care for All Further acceleration in 2016

- 3d Implementation Conference November, 2016
- 15-16 participating countries
- Driven by ENHA members and European patient organisations
- Get data and show progress in the dashboard categories





## Where Will We Be In 2020?



Optimal Nutritional Care for All In Slovenia & Europe!



