Optimal Nutritional Care for All

“European campaign, Slovenian leadership”

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Optimal Nutritional Care for All

Objective

• Implement ‘Optimal Nutritional Care for All’ across Europe

Role ENHA

• Provides the structure and the coordination

• Inspires and facilitates national multi-stakeholder alliances

The European Nutrition for Health Alliance
Optimal Nutritional Care for All 2015

Implementation tailored per country

• 12 countries: patient groups, professional societies, governments, industry

• National nutritional care plans & implementation activities

• Measure progress and impact per year

& stakeholders

• European patient groups EPF & EGAN

• EU (Active & Healthy Ageing), WHO EURO (Food and Nutrition Plan)
The European Nutrition for Health Alliance

Optimal Nutritional Care for All

Implementation Conference 2014

THE CHARTER

Our vision a world with optimal nutritional care for all

Every patient who is malnourished or at risk of undernutrition is systematically screened and has access to appropriate, equitable, high quality nutritional care.

Our ambition making nutritional care an integral part of healthcare

- Improving nutritional care is everyone’s responsibility. All partners need to play an active role: patients, carers, healthcare professionals, healthcare managers, government agencies, policy makers, payers, educators and industry.
- Improving nutritional care requires a multi-disciplinary approach. Collaboration across disciplines and sectors is absolutely crucial to ensure the best patient care.
- Nutritional care best practice to be widely adopted throughout Europe. The first step is the identification of those at nutritional risk (screening). If we achieve this primary objective, healthcare systems can deliver appropriate nutritional intervention and monitoring, making nutritional care an integral part of patient care. Better public awareness will also help in prevention and management of nutritional issues. Patients and the public should be empowered through high quality, user-friendly information.

The malnutrition challenge a public health burden

- Disease-related malnutrition (undernutrition) is prevalent amongst patients in all healthcare settings around the world, including hospitals, care homes and in home care.
- 33 million citizens are at risk of malnutrition in Europe – this has an estimated financial impact on European healthcare systems of €170 billion each year.
- Public spending on healthcare is tight - resources under pressure mean that nutritional care is often neglected.
- Lack of awareness about the importance of nutritional care means that malnutrition risk screening and follow-up care are not undertaken systematically.

Our commitment to advance nutritional care

The Optimal Nutritional Care for All campaign builds on and accelerates best practices in a number of European countries. Following up the support by the European Parliament in 2010 and the adoption of malnutrition/undernutrition in EU and WHO EURO programmes since 2012, the campaign now focuses on supporting implementation of better nutritional care for patients country by country. By committing to this shared vision, we pledge to collaborate for better patient nutrition in the near future. Let’s be the generation who turns this vision into reality!

Who are the signatories to the Charter?

Signatories to the Charter include all stakeholders contributing to this movement: from ENHA members to national medical societies for clinical nutrition and metabolism, patient groups, healthcare professionals, dietitians, policy makers, hospital managers, carers, industry and all experts and citizens with a passion to optimize nutritional care.

2014 Charter adopted in Brussels
Key steps in the ONCA campaign 2016

2015
Belgium, Croatia, Czech Republic, Denmark, Germany, Netherlands, Spain, Turkey, France, Israel, Poland, Slovenia, United Kindom

Strengthening national stakeholders’ alliances

Workshop
May 20, Warsaw, 2016

Implementation conference
November 21 & 22, Spain, 2016

2016
Ireland, Sweden
Optimal Nutritional Care for All
Work conference April 2015, Dubrovnik
2nd Optimal Nutritional Care for All Conference 2015
November 3 & 4, Berlin
Our vision: ‘a world with optimal nutritional care for all’

- 100 delegates, 13 countries
- National Alliances & National Nutritional Care plans
- Performance and progress measured and presented per country
- Collaborations with patient groups
- Selected governments involved, connected to EU & WHO programmes
- Public-private collaboration with industry
Optimal nutritional care for all – SCORE CARD

**Prevalence DRM**

- **Malnutrition risk for Inpatients > 65 yrs**
  - Malnutrition risk: 33.5%
  - Malnutrition >13.5%

- **Malnutrition for Pediatric population**
  - 2-6 years children: malnutrition risk: 31.8%
  - Age <5 years: malnutrition: 24%

**Public health**

- Public awareness
- National nutrition plan

**Policy and standards**

- Screening policy
- Standards/quality indicators
- Audit

**Guidelines**

- Screening
- Intervention

**Reimbursement**

- Hospital Care home Community
  - Malnutrition
  - Services
  - ONS
  - Tube
  - PN

**Nutrition Day**

- Hospital ICU Oncology Care home

**Economic data**

- Hospital Care home Community
  - Cost DRM
  - Value of intervention

**Education**

- Undergrad Postgrad
  - Dietitians
  - Medics
  - Nurses
  - Pharmacists

**Stakeholder groups**

- Multi-stakeholder
- PEN
- Ger Medicine
- Paediatricians
- Patients
- Dietitians
- Nurses
- Pharmacists
- General practice
- Hospital
- Health insurance
- Industry
- Politicians
- Media

**Implementation**

- Trained Staff
- Screening
- Care plan
- Medical nutrition

**Hospital**

- Care home
- Community

**Screening policy**

- Hospital Care home Community

**Standards/quality indicators**

- Hospital Care home Community

**Audit**

- Hospital Care home Community

**Guidelines**

- Hospital Care home Community

**Screening**

- Hospital Care home Community

**Care plan**

- Hospital Care home Community

**Medical nutrition**

- Hospital Care home Community

**Presence Engagement**

- Hospital Care home Community

**Screening**

- Hospital Care home Community

**Care plan**

- Hospital Care home Community

**Medical nutrition**

- Hospital Care home Community

TURKEY
Optimal Nutritional Care for All

Leadership role Slovenia

• Slovenian Ministry of Health active partner

• All levels of care involved and showing progress

• Unique nutritional screening and evaluation in primary care Ljubljana

• Connection with healthy living and sports

• Patient groups involved
Optimal Nutritional Care for All

Further acceleration in 2016

- 3d Implementation Conference November, 2016
- 15-16 participating countries
- Driven by ENHA members and European patient organisations
- Get data and show progress in the dashboard categories
Where Will We Be In 2020?

Optimal Nutritional Care for All In Slovenia & Europe!